



GUIDE TO EDUCATION KIT

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INTRODUCTION

Mountains are crucial to all life on earth. By declaring 2002 the International Year of Mountains, the United Nations affirmed the importance of mountains to all the world's people. This education kit was prepared by the International Year of Mountains Coordination Unit at the Food and Agriculture Organization of the United Nations, along with its many partners, to help educators throughout the world impart to children and youth some of the knowledge and skills that they will need to understand and address mountain issues.

The materials in the kit were developed by many different organizations. You will find a broad range of educational materials in several languages. Please choose the materials that best meet your situation and educational objectives.

The education kit has two parts. Part one contains a variety of educational materials and guidance for use. All are in electronic "ready-to-print" formats. Copyright for the materials is held by the organizations and individuals that created them. You are free to use the materials for not-for-profit purposes to educate children regarding mountain environments and issues. As a user of the materials, you do not have the right to issue copyright to third parties. Part two of the education kit contains resources for planning and undertaking additional activities regarding mountains and mountain issues, including books and Web sites.

In addition, this document contains a list of International Year of Mountains National Committees, which are organizing observance in their countries. You may want to contact your committee to learn about national activities. For more information, contact the International Year of Mountains Coordination Unit at:

International Year of Mountains Coordination Unit
Food and Agriculture Organization of the United Nations
Room D-485
Viale delle Terme di Caracalla
00100 Rome, Italy
E-mail: info@mountains2002.org
Web site: www.mountains2002.org

PART 1

I NTERNATIONAL YEAR OF MOUNTAINS EDUCATIONAL MATERIALS

This kit contains four different packages of materials which were developed by various organizations working to protect mountain ecosystems and strengthen mountain communities.

DISCOVERING THE NATURAL RESOURCES OF THE HINDU KUSH-HIMALAYAN REGION

This package was produced by the Food and Agriculture Organization of the United Nations and the International Centre for Integrated Mountain Development. It includes a cartoon book and a teacher's guide.

Focus: Environmental issues in the Hindu Kush-Himalayan region.

Languages: English.

Target ages: 10 to 14 years.

Time: 9 to 18 reading sessions, plus 13 activity sessions. The materials may require an entire school term to implement.

Resources: A copy of the 56-page booklet for each participating child and a 34-page teacher's guide for each educator.

Skills: Does not require any preparation or special skills on the part of the educator. Materials can be implemented by reading and following the instructions in the teacher's guide.

EXCERPTS FROM THE BOOKLET *MOUNTAINS FOREVER*

This package contains three excerpted stories written by children from the *Mountains Forever* project, run by Spiny Babbler with the support of the International Centre for Integrated Mountain Development and Helvetas. The stories are "Poets, Painters, Mountains, and Me" by Kim Dima from Kazakhstan; "The Mountain of the Holy Footprint" by Dulanjalee Seneviratne from Sri Lanka; and "Mountains are Forever" Chandhi Goonasekera from Sri Lanka.

Languages: Arabic, Chinese, English, French, Italian, Russian and Spanish.

Target ages: Children and youth aged 12 years and over.

Time: Flexible.

Skills: Educators do not require special skills.

I NTERNATIONAL YEAR OF MOUNTAINS EDUCATION PACKAGE

This package was produced by the United Nations International Strategy for Disaster Reduction. It includes a short illustrated colour booklet entitled *Volcano Daily*, information sheets and a poster. Various components are available in Arabic, Chinese, English, French, Russian and Spanish.

Focus: The dangers that volcanoes represent, and measures that can be undertaken to prevent and protect against volcanic disaster.

Languages: *Volcano Daily* is available in English, French and Spanish.

Target ages: *Volcano Daily* is simple but does contain some difficult vocabulary. It is most appropriate for children aged 12 and over

Time: One class session.

Resources: a blackboard and chalk, and writing instruments for the participating children.

Skills: Does not require any preparation or special skills on the part of the educator. *Volcano Daily* can be provided to children to read.

I NTERNATIONAL YEAR OF MOUNTAINS LESSON PLANS

The International Year of Mountains Coordination Unit has prepared six simple lesson plans to introduce some of the main themes of the Year.

Focus: Water, biodiversity, food, sacred mountains.

Languages: Arabic, Chinese, English, French, Italian, Russian and Spanish.

Target ages: 8 to 12 years.

Time: Five 50-minute sessions, with additional activities if desired.

Resources: A blackboard, chalk, paper, pens or pencils.

Skills: Educators do not require special skills.

How to select educational materials for your needs

After you have reviewed the materials, you may want to consider the following questions which will help you to select the most appropriate materials.

Focus

What mountain issues do you want the children to learn about?

Language (s)

What languages are spoken by the children or educators to whom you are providing the materials?

Target age of audience

What age are the children?

Time

How much time do educators have to implement the materials?

Resources

Will the materials be used in a classroom or school equipped with reference materials, atlases, encyclopaedias and the Internet?

Skills

Do the educators using the materials have the skills to implement them?

How to use the materials

Once you have selected the materials you want to use, you will need to print and distribute them. The following guidelines will help.

Instructions for printing the materials

Some of the materials in the Education Kit is in PDF format, which can be printed using the free Adobe Acrobat Reader software. If you do not already have Acrobat Reader, you can download it from the official Web site at: www.adobe.com/products/acrobat/alternate.html.

Guidelines for distribution

When providing educational materials to an educator, please explain that the materials can only be used for not-for-profit purposes for educating children and youth. They cannot be used for profit.

PART 2

ADDITIONAL ACTIVITIES AND RESOURCES

The following are some additional educational activities that you may want to consider:

- Research mountains and prepare an exhibit about mountains. Contact local museums, fairs or organizers of events and ask them to display your International Year of Mountains exhibit.
- Celebrate a Mountain Day at your school or youth club. Invite speakers, write poems and sing songs about mountains. Prepare mountain foods and make mountain crafts.
- Host an essay or art competition about mountains.
- Organize musical, social or artistic events that celebrate mountain culture and heritage.
- Organize a mountain-related session, panel discussion or debate about a mountain issue at your school or youth club.
- Contact your International Year of Mountains National Committee to find out about events that you can participate in. Let the Committee know what you are doing. Contacts for national committees are provided later in this guide.
- Inform the International Year of Mountains Coordination Unit about the events that you have planned. Check the calendar on the International Year of Mountains Web site to learn more about events in your area.
- When you have an activity, tell local newspapers and radio and television stations about the International Year of Mountains and your local activities.

Books

English

Fragile mountains; Paula Hogan

Imprint: Gareth Stevens Children's Books; ISBN/ISSN Number: 0-8368-0475-9 (1991)

Material: 32 pages

Summary: Mountains are delicate ecosystems with unique plants and animals, but human activity threatens life in the mountains. Only by controlling air pollution, preventing deforestation, limiting mining and dam building, and reducing the number of residents and visitors will majestic mountains survive.

Available from: www.amazon.com

Mighty mountains (Landscapes of Legends); Finn Bevan

Imprint: Children's Press; ISBN: 0516262998 (April 1998)

Material: Paperback – 32 pages

Summary: Describes some of the world's best-known mountains, including Mount Olympus, Mount Ararat and Mount Fuji, and the stories connected with them.

Available from: www.amazon.com

Mountains: endangered people and places; Neil Stronach

Imprint: Lerner Publications Company; ISBN Number: 0-8225-2777-4

Material: 47 pages

Summary: Over time, people in mountainous regions of the world have learned how to love their isolated homelands. They have taken care not to destroy the environment and have passed down their land and ways of life from generation to generation. But mountains and their native inhabitants have also been threatened by warfare, pollution, deforestation and soil erosion. You will learn more about these endangered people and places and what can be done to preserve them.

Available from:

Lerner Publications Company

241 First Avenue North

Minneapolis, MN 55401, USA

Mountains (Ecology Watch); Alan Collinson

Imprint: Dillon Press; ISBN: 0875184936 (June 1992)

Material: Library binding – 45 pages

Summary: Discusses how mountains are formed, how plants and animals adapt to life in them, and how they influence weather and geographical changes.

Available from: www.amazon.com

Mountains (The Wonders of Our World); Neil Morris

Imprint: Crabtree Pub.; ISBN: 0865058415 (1996)

Material: Paperback – 32 pages

Summary: Text and photographs examine various aspects of these natural wonders, including their formations, rocks, weather, plant and animal life and future.

Available from: www.amazon.com

Mountains (Take Five Geography); Jane Parker, Steve Parker

Imprint: Franklin Watts Inc; ISBN: 0531144577 (March 1998)

Material: School and library binding – 32 pages

Summary: An overview of the rich and varied environments of the earth's mountainous regions as exemplified by five of the most famous mountains in the world.

Available from: www.amazon.com

Mountains & valleys (Changing World); Steve Parker, Jane Parker

Imprint: Silver Dolphin San Diego, Calif. ISBN: 1571450262 (July 1996)

Material: Hardcover – 80 pages

Summary: Looks at how the highest and lowest places on earth are formed, and discusses climate zones and weather factors for mountains and valleys. Describes how important valleys were to early farmers and traders, how plants and animals have adapted to the challenge of living at the top of the world, as well as the dangers facing mountain wildlife today.

People of the mountains (Wild World); Jen Green

Imprint: Raintree/Steck Vaughn; ISBN: 081725062X (September 1998)

Material: Library binding – 48 pages

Summary: Examines the many different types of cultures that exist in mountainous regions; discusses settlements, houses, employment, transportation, communication, daily life, leisure activities and tourism.

Available from: www.amazon.com

French

Activités à la montagne: identifier, jouer, bricoler, texte de Pierre Lecarme en collaboration avec Michelle Excoffier; illustrations de Isabelle Calin

Publisher: Paris: Mango jeunesse; ISBN: 2740410336 (cart.) (2000)

Description: 63 p.: ill. en coul.; 23 cm.

Summary: Features information about, and pictures of, plants and animals of mountain areas. It also provides crafts and activities, information on hiking in mountains and recipes for mountain foods.

Available from: www.amazon.fr

En montagne; Nicole Bustarret, James Gourier, Frédéric Lisak, Hélène Appell-Mertiny

Publisher: Editions Milan (Cahiers du trappeur); ISBN: 2841136183 (1998)

Description: Cartonné – 141 pages

Summary: Describes the flora and fauna of European mountains.

Available from: www.amazon.fr

La montagne; Dominique Joly

Publisher: Gallimard jeunesse; ISBN: 2070527409 (1999)

Description: Poche

Available from: www.amazon.fr

La montagne jour après jour, Blandine de Montmorillon avec la collaboration de Patrick Dupouey; illustrations de Sophie Beck *et al.*

Publisher: Paris: Hachette. ISBN: 2011676789 (br.) (1999)

Description: 189 p.: ill. en coul., cartes; 25 cm

Available from: www.amazon.fr

Les montagnes du monde; Rebecca Stephens (traduite et adaptée par Bruno Porlier)

Publisher: Paris: Gallimard; ISBN: 2070544559 (cart.) (2000)

Description: 62 p.: ill. (certaines en coul.), carte; 29 cm

Available from: www.amazon.fr

Spanish

Las montañas (Ecología); Catherine Bradley

Publisher: Two-Can Publishers: 2001LLC; ISBN: 1587289792;

(December 2001)

Description: Hardcover – 32 pages

Available from: www.amazon.com

Montañas; Norman Barrett

Publisher: Watts, Franklin Country, USA; ISBN:0-531-07923-6 (1991)

Description: Hardback – 32 pages

Summary: Colour photographs and text provide information on animals, deserts and mountains

Available from: www.amazon.com

Montañas (Biblioteca Grafica); Norman S. Barrett

Publisher: Franklin Watts, Incorporated; ASIN: 0531079236 (1999)

Description: 10.00 x 0.36 x 7.78 inches – 32 pages

Available from: www.amazon.com

Montañas; por el dr. Clive Catchpole; ilustrado por Brian McIntyre

Publisher: Madrid: Anaya; ISBN: 84-7525-206-0 (1985)

Description: il. col.; 24 cm – 28 pages

Summary: Text and illustrations explain the mutual dependency of plants and animals. Suitable for ages 10 to 14 years.

Available from: Anaya, www.anaya.es/home.html

La vida en la montaña; texto original de Karel Stastny y Vladimir Bejcek

Publisher: Madrid: Susaeta; ISBN: 84-305-7130-2 (1991)

Description: il. col.; 30 cm – 239 pages

Available from: www.amazon.com

and: Librería Central

C/ San Bernardo 31

33201 Gijón Asturias

Tel.: 985170080

E-mail: libreria@libroscentral.com

WEB SITES

English

Adventure tv

www.adventuretv.com/

This site features short educational videos on mountain subjects which you can watch online.

Destination Himalayas - Where Earth Meets Sky

library.thinkquest.org/10131/javascriptmenu_final.html?tqskip1=1&tqtime=0311

This site was created by three high school students from three separate continents and provides a lot of information about the Himalayas. The site has an introduction to the Himalayas, information on the geologic past of the Himalayas, trekking, flora and fauna, environmental problems, an atlas and a traveller's corner. There are also three quizzes to test your knowledge of the Himalayas.

4Learning - Geography Essentials - The mountain environment

www.4learning.co.uk/essentials/geography/units/mount_bi.shtml

This site is hosted by Channel 4 (United Kingdom) and has information on mountains for both primary school students and teachers. There are activities for home, an interactive quiz, mountain worksheets, a mountain glossary, frequently asked questions about mountains and a links page.

Focus on the World's Highest Mountains

www.globaleye.org.uk/primary/focuson/intro.html

This site is hosted by the United Kingdom magazine *GlobalEye* and provides mountain facts, a bulletin board where you can post your opinions about mountains, a short quiz and information about Machu Picchu and Mount Everest. There are also some useful suggestions for a school project on protecting mountain environments.

Mt. Everest: Crown of the World

tjunior.thinkquest.org/5069/?tqskip=1

This site about Mount Everest was created by children, for children. It includes information on Mount Everest as well and its history, strange but true facts, tragedies and science. There is also a quiz, a word search and a map of the route to the top with climbing information.

Mountains: A Global Resource

www.socialstudies.org/resources/mountains/

This site for teachers provides “Mountains: A Global Resource”, a 16-page lesson plan for secondary school students. The lesson plan was produced for the International Year of the Mountains by the American National Council for Social Studies, in cooperation with the Mountain Institute. The lesson plans can be viewed online or downloaded as a pdf file. The lessons meet United States curriculum objectives for social studies and include an overview, projects and classroom activities.

What do you know about the mountains?

www.hautes-alpes.net/site/uk-ete/connais.htm

This site provides a children’s page with information on glaciers, mountains, mountain animals, puzzles, games and colouring pages on the Alps.

World Wide Fund for Nature (WWF): Virtual Wildlife – Mountains

www.panda.org/kids/wildlife/

This site is hosted by WWF International and contains basic information on mountain ecosystems and the formation of mountains. It is appropriate for senior primary students or secondary students.

French

Connais-tu la montagne?

www.hautes-alpes.net/site/fr-ete/connais.htm

This site provides a children’s page with information on glaciers, mountains, mountain animals, puzzles, games and colouring pages on the Alps.

Des jeux en ligne avec Hot Potatoes

www.ac-nancy-metz.fr/IA55/Forges/jeux.htm

This site is maintained by the Ecole Primaire de Forges Sur Meuse, France. The students of the school have created crosswords, questionnaires and puzzles on mountain themes that are suitable for primary students.

Glaciers

www.glaciers.be.tf/

This site provides excellent information on glaciers written for a student audience, although it would be most appropriate for secondary students.

Histoire geographie/montagne

www.ac-reims.fr/datice/bul_acad/hist-geo/bul20/geoski.htm

This site is for teachers and provides basic lesson plans on mountains for senior primary and secondary students.

Kids for the alps

www.kids-for-the-alps.net/f/start.asp

This site is associated with the WWF education programme Kids for the Alps. It features a mountain quiz, a children's art gallery, news, teachers' resources and a library of stories dedicated to the alps.

Le site de la montagne et des sommets

etbouet.free.fr/Sommets/som.html

This site features profiles on all of the highest mountains in the world, their ascensions and records as well as complete profiles of some of the great mountaineers. The content is suitable for secondary students.

Montagne Photos

www.montagne-photos.com/animations.htm

This site is appropriate for students of all levels and features a number of fun interactive games with mountain photos.

Tomlitoo – Le village sous la neige

www.tomlitoo.com/noel/calendrier/index.php3?maison=-1

This site features crafts and games for junior primary students. It provides a simple printable mountain diorama for students to construct.

Spanish

¿Qué son las Montañas?

www.protege.cl/educa/montanas/

This site is maintained by Proyecto PROTÉGÉ, a Chilean non-governmental environmental organization, and provides a 38-page fact sheet entitled “Qué son las Montañas” which can be downloaded as a Word document. The fact sheet provides information on Chile's mountains, their characteristics, species, human communities, conflicts and resources.

PART 3

CONTACTS

Part Three of the International Year of Mountains Education Kit presents contacts for the International Year of Mountains National Committees that have been formed in many countries around the world to observe the Year. By using these contacts you can inform the national committee in your country about your own educational activities, learn about and participate in the activities of the national committee, or even collaborate together with the national committee on educational activities.

As of August 2002, more than 70 countries have established or are in the process of establishing a national committee (or a similar mechanism) for coordinating and observing the International Year of Mountains. With members from many sectors of society, these committees are approaching mountain development issues from a holistic, long-term perspective and are mobilizing support for sustainable mountain development. Many committees have members from mountain communities, the United Nations, government, civil society, non-governmental organizations, academic and research institutions and the private sector.

National committees are key observers of the International Year of Mountains and are expected to play a crucial role now and in years to come in raising awareness, developing national strategies for sustainable mountain development, encouraging the development of policies and laws that support the sustainable development of mountain areas and networking at the national, regional and global levels.

The following list of contact points for national observance of the Year could help you with networking and collaborative action. For an up-to-date list of contact points and information on national observance, visit the official Web site of the International Year of Mountains at www.mountains2002.org.

CONTACTS FOR NATIONAL OBSERVANCE OF THE INTERNATIONAL YEAR OF MOUNTAINS

AFRICA

Angola

Ministère des pêches et environnement de la République d'Angola
Av. 4 de Fevereiro
C.P. 83
Luanda
Angola
Tel: (+244 2) 392782/390690
Fax: (+244 2) 2392636

Benin

Directeur des Forêts et des Ressources Naturelles,
Ministère de l'agriculture, de l'élevage et de la pêche
01 B.P 03-393
Cotonou
Bénin
Tel: (+229) 330662

Burundi

The Institut national pour l'environnement et la conservation de la nature (INECN)

Cameroon

Mbassi Menye
Chef de la Cellule des Programmes au Secrétariat Permanent à
l'Environnement, Ministère de l'Environnement et des Fôrets
B.P. 5 992 Yaounde, Cameroun
Tel: (+237) 222 8735/ 775 6693
Fax: (+237) 222 9484/ 222 1225

Congo, Republic of

Jean-Jacques Mamona
Ministère de l'Economie Forestiere, Charge de la Pêche et des
Ressources Halieutiques

B.P. 98
Republique du Congo
Tel: (+242) 360643
Fax: (+242) 814134
E-mail: Minifor@congo.net.cg

Côte d'Ivoire

Dr Yao Télesphore Brou
Ministère des Eaux et Forêts
20 B.P. 650
Abidjan 20
Côte d'Ivoire
Tel: (+225) 20218642/20218634
Fax: (+225) 20210512
E-mail: telesb@hotmail.com

Equatorial Guinea

Dr José Mba Avoro
Secretary, COBOSGE
Ministerio de Bosques, Pesca y Medio Ambiente
Malabo
República de Guinea Ecuatorial
Tel: (+240 9) 1305/75296
Fax: (+240 9) 2905
E-mail: proegg@intnet.gg

Eritrea

Department of Agricultural Research and Human Resources
Development
Ministry of Agriculture
P.O. Box 1048
Asmara
Eritrea

Ethiopia

Natural Resources Management and Regulatory Department
Ministry of Agriculture
P.O. Box 62347
Kasainchis
Addis Ababa
Ethiopia

Gabon

Mr Eric Bekale Etonghe
Comités Agriculture et Forêts
B.P. 528
Libreville
Gabon
Tel: (+241) 774152
Fax: (+241) 315010

Guinea

Yacine Sow
Coordonnateur de l'AIM
Direction Nationale des Eaux et Forêts
Ministère de l'Agriculture et de l'Elevage
B.P. 624
Conakry
Guinea
Tel: (+224) 430020/215228/217747/291305
Fax: (+224) 430020
E-mail: gtzpcf@sotelgui.net.gn

Kenya

George Anyango
Ministry of Environment and Natural Resources
E-mail: anyango@maji.go.ke

Lesotho

National Environmental Secretariat
Ministry of Environment, Gender and Youth Affairs
Box 10993
Maseru
Lesotho
Tel: (+266) 311767

or

Gian Nicolay
Programme Director, Helvetas Lesotho
Box 708
Maseru 100
Lesotho
Tel/Fax: (+266) 317875
E-mail: helvetas@lesoff.co.za

Liberia

Mr. Richard Staffa Sambolah
National Environmental Commission of Liberia (NECOLIB)
c/o FAO Representative Office in Liberia
E-mail: sambolah12@yahoo.com

Madagascar

Association Malgache des Montagnes Africaines (AMMA)
B.P. 907
Antananarivo
Madagascar
E-mail: flsh@syfed.refer.mg

Mauritius

Mr. P. Khurun
Assistant Conservator of Forests, Forestry Service,
Ministry of Agriculture, Food Technology and Natural Resources
Botanical Garden Street
Curepipe
Mauritius
Tel: (+230) 675 4966/67/68
Fax: (+230) 574 3449
E-mail: forest@intnet.mu

Morocco

Mr Hammou Jadder
Coordonnateur, Comité de préparation et de suivi du programmes des
activités de l'AIM Directeur du Développement Forestier
Ministère Chargé des Eaux et Forêts
Rabat
Maroc
Tel: (+212 37) 670289
Fax: (+212 37) 671031
E-mail: ddf@athena.online.co.ma

Mozambique

Mr Boaventura Nuyunga
Ministry of Agriculture and Rural Development
Praça dos Heroes Moçambicanos
Maputo
Mozambique

Niger

Attaou Mahamane Laminou
Directeur de l'Environnement
ME/LCD,
B.P. 578
Niamey
Niger
Tel: (+227) 733329
Fax: (+227) 732784/735591

Nigeria

Mr. I.A. Nnachi
Department of Forestry, Ministry of Environment
Federal Secretariat
Shehu Shangari Way
Abuja
Nigeria
Tel: (+234) 09 3144551
Fax: (+234) 09 3144552

Rwanda

Vital Nyilimanzi
Minitere
B.P. 3502
Kigali
Rwanda
Tel: (+250) 517 563
Fax: (+250) 8 2629
E-mail: nyiv@yahoo.fr

Senegal

Idrissa Mbaye
Direction des Eaux, Forêts, Chasses et de la Conservation de Sols
BP 1831 Dakar
Senegal
Tel: (+221) 8320628
Fax: (+221) 8322789
E-mail: padf@arc.sn

Sierra Leone

Mr. Emmanuel Keifala Alieu
Chairman of International Year of Mountains National Committee
Forestry Division

Room M206
Youyi Building
Broekfields
Freetown
Sierra Leone
Tel: (+232 22) 242036/223445
Fax: (+23 22) 42128/242273
E-mail: ealieu@hotmail.com

Swaziland

Mr Solomon Gamedze
Head of Government Forestry Service
Ministry of Agriculture and Cooperatives
Forestry Section
P.O. Box 162
Mbabane
Swaziland
Tel: (+268) 441733/4046361
Fax: (+268) 4041547

Togo

Le Directeur de l'Aménagement et de l'Équipement Rural (DAER)
Ministère de l'agriculture, de l'élevage et de la pêche
B.P. 1463
Lomé
Togo

Tunisia

Ministère de l'Agriculture
Direction Générale des Forêts
30 rue Alain Savary
1002 Tunis
Tunisia

Uganda

National Environment Management Authority (NEMA)
Plot 1 Colville Street
Comm. HSE
P.O. Box 22255
Kampala
Uganda
Tel: (+256 41) 251064/251065/251068
Fax: (+256 41) 257521
E-mail: info@nemagug.org

United Republic of Tanzania

Mr S.A. Madoweka
Chairperson, Mountains Conservation Society of Tanzania (MCST)
P.O. Box 100011
Dar es Salaam
United Republic of Tanzania
Tel: (+255 22) 741224915
E-mail: mountainconservers@yahoo.com

ASIA AND THE PACIFIC**Australia**

Mr Roger Good
Convenor, National International Year of Mountains 2002 Committee
National Parks and Wildlife Service
P.O. Box 2115
Queanbeyan 2620, NSW
Australia
Tel: (+61 2) 62 98 9718
Fax: (+61 2) 62 99 4281
E-mail: roger.good@npws.nsw.gov.au
Web site: www.australianalps.environment.gov.au

Bangladesh

Mr. Sabihuddin Ahmed
Secretary of International Year of Mountains Committee
Ministry of Environment and Forest
Bldg No. 6, Room 1303,
Bangladesh Secretariate,
Dhaka
Bangladesh
Tel: (+880 2) 8610481
Fax: (+880 2) 8619210

Bhutan

Dr. Pema Gyamtsho
Member Secretary of International Year of Mountains Committee and
Head of Planning and Policy Committee
Ministry of Agriculture
Bhutan

China

Ministry of Agriculture
11 Nongzhanguan Nanli
Beijing 100026
China
Tel: (+86 10) 64192425
Fax: (+86 10) 64192451/65004635
E-mail: hongxing@agri.gov.cn

India

Mr. D. D. Verma
Joint Secretary, Ministry of Environment and Forests
Paryavaran Bhawan
CGO Complex
Lodhi Road
Tel/Fax: (+91 11) 4361613
E-mail: ddverma@nic.in
Web site: envfor.nic.in

Indonesia

Mr. Antung Deddy Radiansyah
Assistant Deputy for Terrestrial Ecosystems and Deputy for
Environmental Protection
Ministry of Environment
Build. B, Fl.4, Jl. DI Panjaitan Kav. 24,
Jakarta Timur, 13410
Indonesia
Tel: (+62 21) 8517257
Fax: (+62 21) 8580111
E-mail: antung_deddy@hotmail.com

Japan

Dr. Teiji Watanabe
Associate Professor
Graduate School of Environmental Earth Science
Hokkaido University
N-10, W-5, Sapporo
Hokkaido 060-0810
Japan
Tel: (+81 11) 7062213
Fax: (+81 11) 7064867
E-mail: twata@ees.hokudai.ac.jp
Web site: www.iym-japan.org/index.htm

or

Kenichi Saito
Assistant Director
Developing Economies Division
Economic Affairs Bureau,
Ministry of Foreign Affairs
2-2-1
Kasumigaseki
Chiyoda-ku
Tokyo 100-8919
Japan
Tel: (+81 3) 35803311
Fax: (+81 3) 35920504
E-mail: kenichi_saito@mofa.go.jp

Korea, Republic of

Sang Kyun Kim
Director, International Cooperation Division
of Korea Forest Service
Tel: (+82 42) 4814140
Fax: (+82 42) 4814009
E-mail: skkim001@foa.go.kr

or

DongKyun
Park Secretary General, Northeast Asian Forest Forum (NEAFF)
207, Chungrangi 2-Dong
Dongdaemungu
Seoul
Republic of Korea
Tel: (+82 2) 9606114
Fax: (+82 2) 9606005
E-mail: pdk5920@korea.com

Lao People's Democratic Republic

Department of Forestry, Ministry of Agriculture and Forestry

Mongolia

Ministry of Nature and Environment
Government Building #3
Baga Toiruu 44
Ulaanbaatar 11
Mongolia
Tel: (+976 1) 1312269
Fax: (+976 1) 1321401

E-mail: oyundar@yahoo.com

Nepal

Mr Chandi Prasad Shrestha
Ministry of Forests and Soil Conservation
Singha Durbar
P.O. Box 3923
Kathmandu
Nepal
Tel: (+977 1) 220067
Fax: (+977 1) 230862/223860
Web site: www.biodiv-nepal.gov.np

New Zealand

Mr. Neil Fraser
Manager, International Liaison
Ministry of Agriculture and Forestry
P.O. Box 2526
Wellington
New Zealand
Tel: (+64) 4 4989829
Fax: (+64) 4 4744206
E-mail: frasern@maf.govt.nz
Web site: www.maf.govt.nz

or

Pam Crisp
Senior Conservation Officer
External Relations Division
Department of Conservation
P.O. Box 10-420
Wellington
New Zealand
Tel: (+64) 4 4713116
Fax: (+64) 4 4713049
E-mail: pdcrisp@doc.govt.nz
Web site: www.doc.govt.nz

Pakistan

Dr. Bashir Ahmed Wani
Ministry of Environment
Local Government and Rural Development
CDA Block – IV, Civic Centre
Islamabad
Tel: (+92 51) 9203726

Fax: (+92 51) 9203871

E-mail: iym2002@hotmail.com / assttign@isb.comsats.net.pk

Papua New Guinea

Mika Ivano Andrew

Land Use Section, Division of Field & Technical Services

Department of Agriculture & Livestock

P.O. Box 1863

Boroko N.C.I

Papua New Guinea

Tel: (+675) 3211929/3214458

Fax: (+675) 3217813

Philippines

Mr Romeo Acosta

Chair, International Year of Mountains National Organizing Committee

Director, Forest Management Bureau

or

Nonito M. Tamayo

Chair, International Year of Mountains Technical Working Group

Forest Management

FMB Bldg., Visayas Avenue,

Diliman

Quezon City

Philippines

Tel: (+63 2) 9289313/9291857

Fax: (+63 2) 9200374

E-mail: rtacosta@skynet.net / nmt@edsamail.com

Web site: www2.mozcom.com/~fmbdenr/iym.htm

Thailand

Mr Korkiat Kaysornsiri

Director, Watershed Management Division

Royal Forest Department

Phaholyothin Road

Chatuchak

Bangkok 10900

Thailand

Tel/Fax: (+66 2) 5795344

E-mail: somdetc@hotmail.com

Viet Nam

Dr Be Truong Thanh

Vice Chairman, State Commission for Ethnic Minority and Mountainous

Affairs (SCEMMAA)
80 - 82 Phan Dinh Phung Street
Hanoi
Viet Nam
Tel: (+ 84 4) 73335152
Fax: (+84 4) 7331456
E-mail: cemma@fpt.vn

EUROPE

Andorra

Jean-Michel Armengol
Commission nationale andorrane pour l'UNESCO (CNAU)
Avinguda Fiter 1
Rossell 71,
Escaldes-Engordany
Andorra
Tel/Fax: (+37 6) 861911
E-mail: cnau@andornet.ad

or

Pere Roquet Portella
Tel/Fax: (+37 6) 329125
E-mail: ctp.govt@andorra.ad

Armenia

G. Gharakeshishyan
Adviser to the Minister of Agriculture
48 Nalbandyan str.
375010 Yerevan
Republic of Armenia

Austria

Dr Ingwald Gschwandtl
Federal Ministry of Agriculture and Forestry, and Environment and
Water Management
Marxergasse 2
1030 Vienna
Austria
Tel: (+43 1) 711007305
Fax: (+43 1) 711007399
E-mail: ingwald.gschwandtl@bmlf.gv.at
Web site: www.berge2002.at

Azerbaijan

Mr A. Efendiyev
Head of the Department for Economic Cooperation and Development
Ministry of Foreign Affairs
Sh. Gurbanov str. 4
Baku, 370009
Azerbaijan
Tel: (+994 12) 926856
Fax: (+994 12) 988480

Bulgaria

Mr Svetolav Apostolov
National Nature Protection Service
Ministry of Environment and Water
22 Maria Luisa Blvd
1000 Sofia
Bulgaria
Tel: (+359 2) 9406554
Fax: (+359 2) 9816610
E-mail: spapostolov@hotmail.com / nnps@moew.govrn.bg
Web site: www.moew.government.bg

Croatia

Ms Gordana Kolacko
Department for Nature Protection
Ministry of Environmental Protection and Physical Planning
Ulica grada Vukovara 78
HR-10000 Zagreb
Croatia
Tel: (+385) 1 6106-544
Fax: (+385) 1 6118-388
E-mail: gordana.kolacko@duzo.hinet.hr
Web site: www.mzopu.hr/MGP/index.htm

France

Mme Monique Marchal
Chargée de mission auprès du Maire de Chambéry
Service Promotion de la Ville
Ville de Chambéry,
France
Tel: (+33 4) 79602101
Fax: (+33 4) 79602074
E-mail: M.marchal@mairie-chambery.fr
Web site: www.montanea.org/

Germany

Dr Gerhard Baumgartner
Federal Ministry of Consumer Protection, Food and Agriculture
Postfach 14.02 70
53107 Bonn
Germany
Tel: (+49 228) 5293995
Fax: (+49 228) 529553995
E-mail: gerhard.baumgartner@bmvel.bund.de
Web site: www.berge2002.de

Hungary

Dr Zoltán Somogyi
Forest Research Institute
Department of Silviculture and Yield
Frankel Leò U. 42-44
H-1277 Budapest
23 Pf.17
Hungary
Tel: (+36 1) 4385870
Fax: (+36 1) 3261639
E-mail: Som9013@helka.iif.hu / h9013som@ella.hu

Italy

Dr. Agostino da Polenza
Direttore esecutivo
Comitato Italiano - 2002 Anno Internazionale delle Montagne
Via San Bernardino 145
24126 Bergamo
Italia
Tel: (+39) 035 3230511
Fax: (+39) 035 3230551
E-mail: evk2cnr@spm.it
Web site: www.montagna.org

Norway

Sylvi Ofstad
Ministry of Environment
Nature Management Division
P.O. Box 8013 Dep
0030 Oslo
Norway
Tel: (+47) 22 245714

Fax: (+47) 22 242756
E-mail: sylvi.ofstad@md.dep.no

Poland

Mr. Christopher Komornicki
General Secretary
Zdanie Association
57-516 Stara Bystrzyca
Wojtowice 19
Poland
Tel./Fax: (+48) 74 8111880
E-mail: zdanie@netgate.com.pl
Web site: www.zdanie.org.pl

Romania

Mr Radu Rey
Director, National Agency for Mountain Areas
Ministry of Agriculture, Food and Forests
b-dul. Carol 1, nr.24, sector 3
Bucarest
Romania
Tel./Fax: (+40) 1 3147194
E-mail: r.rey@maa.ro

Slovakia

Ms Barbera Hellebrandlová
National Secretary for Cooperation between the Slovak Republic and
FAO
Ministry of Agriculture
Foreign Relations Department
Dobrovicova 12
812 66 Bratislava
Slovakia
Tel: (+421) 7 59266288/592662888
Fax: (+421) 7 59266288
E-mail: multila@land.gov.sk

or

Focal Point - Forest Research Institute
T.G. Masaryka 22,
960 92 Zvolen
Slovakia
Tel: (+421) 855 532 0316/855 532 0317/855 532 0318
Fax: (+421) 855 531 4192

Slovenia

Dr Maksimilijan Mohoric
Ministry of Agriculture, Forestry and Food
Dunajska 56 - 58
1000 Ljubljana
Slovenia
Tel: (+386 1) 4789158
Fax: (+386 1) 4789021
E-mail: maksimiljan.mohoric@gov.si

Spain

D. Carlos Mediavilla García
Técnico de Educación Ambiental del Gabinete Técnico de la Secretaría
General de Medio Ambiente
Gran Vía de San Francisco, 4
28005 Madrid
España
Tel: (+3491) 5975 744
Fax: (+3491) 5975 930
E-mail: carlos.mediavilla@sgma.mma.es

Switzerland

Dr Ulrich Lutz
Swiss Agency for Development and Cooperation (SDC)
Natural Resources and Environment Division
Freiburgstrasse 130
3003 Bern
Switzerland
Tel: (+41 31) 3259130
Fax: (+41 31) 3259362
E-mail: ulrich.lutz@deza.admin.ch
Web site: www.berge2002.ch (deutsch) / www.montagnes2002.ch
(français) / www.montagna2002.ch (italiano)

Turkey

Mr Mevlut Düzgün
Ministry of Forestry
APK Board, Division Director for Forestry Projects
Ataturk Bulvari, 153
Bakanliklar 06100
Turkey
Tel: (+90 312) 4177725
Fax: (+903 12) 4179160
E-mail: planproje@orman.gov.tr

Ukraine

Mr Yuriy Wasidlow
Association 'Our Home'
Hotkevich str. 50/2, ap. 28
Ivano-Frankovsk 76022
Ukraine
Tel.: (+380 34) 2551019
Fax: (+380 34) 2559436
E-mail: ourhome@il.if.ua

United Kingdom (Scotland)

Andrew Macpherson
Centre for Mountain Studies
Perth College UHI Millennium Institute
Crieff Road
Perth, PH1 2NX
Scotland
United Kingdom
Tel: (+44) 1738 877885
Fax: (+44) 1738 631364
E-mail: andrew.macpherson@perth.uhi.ac.uk
Web site: www.iym.org.uk/

LATIN AMERICA AND THE CARIBBEAN**Argentina**

Miguel Angel Hildmann
Ministerio de Relaciones Exteriores, Comercio Internacional y Culto
Dirección general de Asuntos Ambientales
Esmeralda 1212-14
(1007) Buenos Aires
Argentina
Tel: (+54 11) 4819 7414
Fax: (+5411) 4819 7413
E-mail: ambiente@mrecic.gov.ar
Web site: www.cumbresargentinas.org.ar

Belize

Chief Forest Officer
Forest Department
Ministry of National Resources, Environment and Industry
Belmopan
Belize

Tel: (+501 8) 22249/22226

Fax: (+501 8) 22333

Bolivia

Ministerio de Desarrollo Sostenible y Planificación,
Vice Ministerio de Medio Ambiente, Recursos Naturales y Desarrollo
Forestal

Dirección General de Clasificación de Tierras y Cuencas

Edificio EX-COMIBOL, piso7 (Obelisco)

Av. Mariscal

La Paz

Santa Cruz 1092

Bolivia

Tel: (+591 2) 311057

Fax: (+591 2) 312475

Web site: www.aim2002bolivia.org

Chile

Paola Casanova Carrillo

SERNATUR

Av. Providencia 1550, Santiago, Chile

Tel: (+56) 2 7318418

Fax: (+56) 2 2361417

E-mail: directornacional@sernatur.cl

Web site: www.sernatur.cl

Costa Rica

Ricardo Ulate Chacón

Coordinador del Comité

Dirección de Cooperación Internacional

Ministerio de Ambiente y Energía (MINAE)

A.P. 10104

1000 San José

Costa Rica

Tel: (+506) 2575658

Fax: (+506) 2224580

E-mail: rulate@ns.minae.go.cr

Web site: www.minae.go.cr

Cuba

Fidel Ramo Perera

Conill y Boyeros, Plaza

Ciudad Habana

Cuba

Tel: (+53 7) 818313
Fax: (+53 7) 819731
E-mail: framos@minag.gov.cu

Dominican Republic

Sr. Frank Moya Pons
Secretario de Estado de Medio Ambiente y Recursos Naturales

Ecuador

Dr Ramiro Dávila
Dirección General de Medio Ambiente
Ministerio de Relaciones Exteriores
Av. Diez de Agosoto y Carrión
Quito
Ecuador
Tel: (+593 2) 560921
E-mail: dgmedam@mmrree.gov.ec

El Salvador

Ing. Hugo Zambrana
Ministerio de Medio Ambiente y Recursos Naturales
Alameda Roosevelt y 55 Av. Norte
Edificio Torre El Salvador
Tel/Fax: (+503) 2603114
E-mail: patrimonio@marn.gob.sv
Web site: www.marn.gob.sv

Guatemala

Instituto Nacional de Bosques (INAB)
7a Av. 12-90
Zona 13
Ciudad de Guatemala
Guatemala
Tel: (+502) 4720812/4720814 /4721039/4721035
Fax: (+502) 3618070
E-mail: información@inab.gob.gt

Haiti

Agr. Pierre Guy Lafontant
Titulaire, Direction des Ressources Naturelles (DRN)
Ministère de l'agriculture, des ressources naturelles et du
développement rural
Route Nationale 1
Damien

Port-au-Prince
Haïti

Honduras

Renan Mairena/Raul Samayoa
Casilla 1378
Tegucigalpa
Honduras
E-mail: RSAMAYOAP@hotmail.Com

Mexico

Lic. Erika del Rocío López Rojas
Directora de Cooperación y Financiamiento, CONAFOR
Carretera a Nogales esq. Periférico Poniente
5o piso, Col. San Juan de Ocotán
45010 Zapopan
Jalisco
México
Tel: (+52) 33 31100565
Fax: (+52) 33 31100820
E-mail: elopez@conafor.gob.mx
Web: www.conafor.gob.mx/aim.htm

Nicaragua

Sr Carlos Rivas Leclair
Director de Biodiversidad y Recursos Naturales
Ministerio de Medio Ambiente y Recursos Naturales (MARENA)
Km 12 1/2 Carretera Norte
Managua
Nicaragua
Tel: (+505) 2331173/2631994
Fax: (+505) 2632595
E-mail: enbnic@ibw.com.ni

Peru

Ministra Consejera Maria Cecilia Rozas
Directora de Medio Ambiente y Desarrollo Sostenible
Ministerio de Relaciones Exteriores del Perú
Jr. Lampa 545 esq. Vcayall
Lima 1
Peru
Tel/Fax: (+51) 13112627
E-mail: mrozas@rree.gob.pe
Web site: www.condesan.org/peruAIM2002

Trinidad and Tobago

Mr. Anthony Bartholomew
Permanent Secretary, Ministry of Public Utilities and the Environment
Scared Heart Building
16-18 Sackville Street
Port-of-Spain
Trinidad and Tobago
Tel: (+001) 868 625 6083
Fax: (+001) 868 625 7003
E-mail: environment@tstt.net.tt

Venezuela

Ing. Rodolfo Roa D.
Directora General de Cuencas Hidrográficas, Ministerio del Ambiente y
de los Recursos Naturales
Tel: +58 212 4084721
Fax: +58 212 4082177
E-mail: rroa@marn.gov.ve

or

Ing. José R. Díaz D.
Planificación y Manejo de Cuencas, Ministerio del Ambiente y de los
Recursos Naturales
Tel: (+58) 212 4084710
E-mail: jdiaz@marn.gov.ve

or

Ing. Carolina Ramírez R.
Dirección General del Recurso Forestal, Ministerio del Ambiente y de
los Recursos Naturales
Tel: (+58) 212 4084847
Fax: (+58) 212 4081260
E-mail: carolina_ramirez68@hotmail.com

or

Centro Simón Bolívar Torre Sur MARN
DGCH
piso 05 – El Silencio
Distrito Capital
Caracas -1010
Venezuela
Web site: www.marn.gov.ve

NEAR EAST

Kyrgyzstan

Dr. Ryspek Usubamatov
International University of Kyrgyzstan
255 Prospect Chui
Bishkek
Kyrgyzstan
Tel/Fax: (+996) 312 217277
E-mail: land@iuk.kg

Lebanon

Mr. Ghattas Aki
Ministry of Agriculture
Director of Rural Development and Natural Resources
Ministry of Agriculture
Boulevard Camille Chamoun
Carrefour Galerie Semaan
Hadeth
Beirut
Lebanon
Fax: (+961) 5455622
E-mail: fady@xnet.com.lb

Syrian Arab Republic

Mr. Hassan Ibrahim
Forestry Directorate, Ministry of Agriculture and Agrarian Reform
Forestry Directorate Building
Al-Sabeh Bahrat Square
Al-Abed St.
Damascus
Syria
Tel: (+963) 11 2248964
Fax:(+963) 11 2240826
E-mail: forestry@mail.sy
Web site: www.syrianagriculture.org/

Yemen

Mr. Khaled Abdo AlMaged
Coordinator
General Directorate of Forestry and Desertification Control
Ministry of Agriculture and Irrigation
Department of Forestry and Rangeland

P.O. Box 1867
Sana'a
Yemen
Tel/Fax: (+967 1) 250977
E-mail: khaledA2@hotmail.com

NORTH AMERICA

Canada

Dr Paul Addison
Director General, Pacific Forestry Centre
Canadian Forest Service
Natural Resources Canada
506 West Burnside Road
Victoria B.C.
Canada
V8Z 1M5
Tel: (+1) 250 363 0608
Fax: (+1) 250 363 0775
E-Mail: paddison@hrcan.gc.ca / paddison@pfc.forestry.ca

or

Mr. Robert W. Sandford,
Co-ordinator, UN-International Year of Mountains – Canadian
Celebration
Tel: (+1) 403 678 4488
Fax: (+1) 780 678 6684
E-mail: sandford@yearofmountains.ca
Web site: www.yearofmountains.ca

or

Ms. L.A. Taylor
Associate Director, Ops - Mountain Culture at the Banff Centre
Box 1020, Station 38, 107 Tunnel Mountain Road
Banff
Alberta T1L 1H5
Canada
Tel: (+1) 403 762 6215
Fax: (+1) 403 762 6277
E-mail: leslie_taylor@banffcentre.ca
Web site: www.banffcentre.ca/CMC

United States of America

Ms. Antoinette Condo
Program Officer
Office of Ecology

Bureau of Oceans and International Environmental and Scientific
Affairs

U.S. Department of State

Washington, DC 20520

United States of America

Tel: (+1) 202 647 0657

Fax: (+1) 202 736 7351

E-mail: condoj@state.gov

Web site: <http://mt2002.er.usgs.gov/>

www.state.gov/g/oes/env/c6281.htm